ESSENTIAL INFORMATION
ESTONIA, LATVIA, LITHUANIA & FINLAND

PASSPORT AND VISA INFORMATION

Your passport needs to be valid for at least six (6) months after your journey and should have a minimum of three (3) blank visa pages for entry and exit stamps.

**Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Estonia, Latvia, Lithuania or Finland for stays of up to 90 days.**

You should carry your passport when travelling to neighboring Baltic countries from Latvia – even on day trips – as random passport checks are possible.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](http://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K’s account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

VACCINATIONS
There are no vaccinations required to enter Estonia, Latvia, Lithuania or Finland.

CASH & CREDIT CARDS

Carry American banknotes in good condition and in smaller denominations. Banks and currency exchanges may refuse U.S. currency that is crumpled, torn or defaced (even small pen strokes are considered defacing) or may charge an additional processing fee if accepted for exchange.

Credit cards are accepted in larger hotels, restaurants and shops with preferred brands being Visa and MasterCard (few outlets have American Express accounts). ATMS are widely available in major towns. Unattended self-service payment kiosks such as those in parking garages, train stations or gas stations only accept a Chip and PIN card or cash.

OF SPECIAL NOTE

Estonia is quite dark during the winter months (roughly October through April), and Estonian law requires pedestrians to wear small reflectors, which people generally pin to their coats or handbags. Although this law is rarely enforced in cities, reflectors are very important in rural areas where it may be difficult for motorists to see pedestrians. Violators of this law may be subject to a fine. Reflectors are inexpensive and you should be able to find them at many supermarkets, kiosks, and other shops.
Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

PACKING LIST
Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Cotton and other light fabrics are comfortable choices for summertime. Pack a coat, hat, gloves, boots, warm socks and sleepwear, if you are visiting these countries between October and April. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

Clothing
- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes with low or no heels
- Lightweight raincoat and umbrella
- Sweater or fleece jacket
- Brimmed hat or visor for sun protection
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up

Other Recommended Items
- Sunglasses
- Sun block and lip balm
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.
TIPPING GUIDELINES
ESTONIA, LATVIA, LITHUANIA & FINLAND

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

<table>
<thead>
<tr>
<th>Resident Tour Director or Group Extension Guide</th>
<th>All Small Group Journeys and Pre/Post Tour Extensions</th>
<th>Tailor Made Journeys</th>
</tr>
</thead>
<tbody>
<tr>
<td>$20 per person, per day</td>
<td>Not applicable</td>
<td></td>
</tr>
<tr>
<td>Local Guides</td>
<td>Included</td>
<td>$25 per person, per day (full day)</td>
</tr>
<tr>
<td>Drivers</td>
<td>Included</td>
<td>$15 per person, per day (full day)</td>
</tr>
<tr>
<td>Airport Transfer Drivers</td>
<td>Included</td>
<td>$5 per person, per transfer</td>
</tr>
<tr>
<td>Hotel Porters</td>
<td>Included</td>
<td>$2 per bag</td>
</tr>
<tr>
<td>Housekeepers</td>
<td>Included</td>
<td>$2 per person, per night</td>
</tr>
<tr>
<td>Included Meals</td>
<td>Included</td>
<td>Included</td>
</tr>
<tr>
<td>Restaurants or Room Service on Own</td>
<td>10-15% unless already added</td>
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</tr>
</tbody>
</table>

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.