

# ESSENTIAL INFORMATION

## POLAND

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for at **least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Poland for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### COVID-19 COUNTRY ENTRY REQUIREMENTS & TRAVEL ADVISORIES

Poland currently has no COVID-19 vaccination or testing requirements for entry for U.S. and Canadian residents. Visit the U.S. Department of State at [travel.state.gov](https://travel.state.gov) or the Government of Canada at [travel.gc.ca/travelling/advisories](https://travel.gc.ca/travelling/advisories) for up-to-date information.

### CASH & CREDIT CARDS

Credit cards are widely accepted by merchants, hotels and restaurants in larger cities. ATMs are readily available. Unattended self-service payment kiosks such as those in parking garages, train stations or gas stations only accept a Chip and PIN card or cash.

### PACKING LIST

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

#### Clothing

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Cotton and other light fabrics are comfortable choices for summertime. Pack a coat, hat, gloves, boots, warm socks and sleepwear, if you are visiting Poland between late October and early April. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes with low or no heels
- Lightweight raincoat and umbrella
- Sweater or fleece jacket
- Brimmed hat or visor for sun protection
- Sleepwear
- Personal garments

Socks

Swimwear/cover-up

#### Other Recommended Items

Face masks and hand sanitizer

Sun block and lip balm

Sunglasses

Prescriptions and medications (in their original bottles and/or packaging)

Simple first-aid kit

Extra eyeglasses/contact lenses

Smartphone

Charging cables for electronics

Global travel adapter

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

#### TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

	<b>All Small Group Journeys and Pre/Post Tour Extensions</b>	<b>Tailor Made Journeys</b>
Resident Tour Director or Group Extension Guide	\$20 per person, per day	Not applicable
Local Guides	Included	\$25 per person, per day (full day)
Drivers	Included	\$15 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.