LUXURY SMALL GROUP JOURNEYS

Bhutan & Nepal: Heart of the Himalaya 2019

11 days from $7,895
Limited to 16 guests

O F F E R
Save 50% on the single supplement on select departures.

Discover Bhutan and Nepal, two Himalayan countries little touched by the passage of time, as you view the stunning "Tiger's Nest" Monastery, stroll through Kathmandu's Durbar Square and enjoy a meal in the home of a local Nepali family.

A&K Advantages

Discover the rich artistic and cultural heritage of Bhutan and Nepal on this journey through the heart of the Himalaya
Feel the spirit of Bhutan on a pilgrimage hike to the revered "Tiger's Nest" Monastery, perched high on a sheer rock face
Learn about the traditions and age-old methods of local farmers on a visit to a farmhouse
Enjoy a lesson in Nepalese cuisine during a Chef's Table event in the home of a local resident
Ride Like a Local when you travel by rickshaw to visit Kathmandu Durbar Square and Taleju Temple
**Itinerary**

**DAY 1 ARRIVE BANGKOK, THAILAND**
Arrive in Bangkok, where you are met and transferred to your airport hotel.
Novotel Suvarnabhumi Airport Hotel

**DAY 2 PARO, BHUTAN/THIMPHU | AMONG THE TOWERING PEAKS**
Fly to Paro, your gateway to Bhutan, a nation whose cultural traditions remain well preserved. Transfer to Thimphu and visit the National Memorial Chorten. Later, see Tashichho Dzong, a 13th-century Buddhist monastery and fortress, and then gather for your welcome dinner.
Taj Tashi | Meals: Breakfast, Lunch, Dinner

**DAY 3 THIMPHU | FINE WEAVERS AT WORK**
Visit the Folk Heritage and National Textile museums and view Buddhist literature at the National Library.
Taj Tashi | Meals: Breakfast, Lunch

**DAY 4 PUNAKHA | THE DIVINE MADMAN**
Drive over the Dochula Pass, seeing the colorful prayer flags en route to Punakha. Stop at Punakha Dzong, continuing to the Chimi Lhakhang (Temple of the Divine Madman). Return to Thimphu for dinner.
Taj Tashi | Meals: Breakfast, Lunch, Dinner

**DAY 5 PARO | MONASTERIES, RIVERS & RELICS**
Journey overland to Paro, stopping en route in Chuzom. Once in Paro, view the religious thankga (scroll) paintings and the natural history collection at the National Museum. Continue to Rinpung Dzong, a monastery and fortress along a mountain river. Then, visit local farmers at their farmhouse to better understand their traditional way of life.
Zhiwa Ling Hotel | Meals: Breakfast, Lunch, Dinner

**DAY 6 PARO | ASCENT TO THE “TIGER’S NEST”**
This morning, you may choose to attempt the climb to Taktsang Monastery ("Tiger’s Nest"). This hike is intentionally difficult, intended as an arduous pilgrimage for Buddhist devotees. Later, visit Kyichu Lhakhang, one of Bhutan’s most sacred shrines.
Zhiwa Ling Hotel | Meals: Breakfast, Lunch, Dinner

**DAY 7 KATHMANDU, NEPAL | HISTORIC DURBAR SQUARE**
Fly to Kathmandu. Ride by rickshaw to Kathmandu Durbar Square and Taleju Temple, see the House of the Living Goddess (Kumari) and stroll through the bazaar and old city. Continue to Swayambhunath, one of the most sacred shrines for Tibetan Buddhists. This evening, enjoy a lecture by a Mount Everest summiter.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

**DAY 8 KATHMANDU | A LESSON IN NEPALESE CUISINE**
This morning, explore Patan to see Durbar Square and the former royal palace. Attend a Nepalese cooking class in a local home. Continue to Kirtipur and visit the temple of Adinath, the Chilancho Stupa and the temple of Bagh Bhairav.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch

**DAY 9 KATHMANDU | HINDU TEMPLES & BUDDHIST STUPAS**
This morning, proceed to Bhaktapur, a ninth-century town in the Kathmandu Valley. Then, visit Pashupatinath Temple, a cremation site for Hindus. Continue to Bouddhanath, home to one the world’s largest Buddhist shrines. Tonight, gather for your farewell dinner and toast your unforgettable time in the Himalaya.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

**DAYS 10–11 DEPART BANGKOK**
On Day 10, either fly to Lhasa to begin your post-tour extension or fly to Bangkok, where you enjoy the use of an executive room, available through Day 11, when you depart on your international flight home.
Novotel Suvarnabhumi Airport Hotel | Meals: Breakfast
Extensions

Post-Tour Extension: Lhasa

4 days from $1,995
Single Supplement from $995
Internal air from $495
Kathmandu/Lhasa

DAYS 1–2
Fly to Lhasa, enjoying breathtaking views of the Himalaya. The next day, explore Potala Palace, former home of the Dalai Lama. Visit Jokhang Temple and join monks as they circle it.
The St. Regis Lhasa Resort | Meals: Lunch (Day 1) Breakfast, Lunch (Day 2)

DAY 3
Discover two of Tibet’s great monasteries, Drepung and Sera.
The St. Regis Lhasa Resort | Meals: Breakfast, Lunch, Dinner

DAY 4
Transfer to the airport for your flight home.

Explore Dubai: Stopover Package

3 days from $1,695
Single Supplement from $1,195

Park Hyatt Dubai (from $1,695; single supplement from $1,195)
Taj Dubai (from $1,695; single supplement from $1,195)
Four Seasons Resort Dubai at Jumeirah Beach (from $1,995; single supplement from $1,395)
International air not included.

3 Days
Add a Remarkable Stopover to Your Journey
Take advantage of an incredible opportunity to fly one of the world’s premier airlines at exclusive preferred business and first-class rates, and spend two nights in Dubai before or after your journey. Fly glamorous Emirates to Dubai and check in to your luxury hotel. Discover the best of this dazzling city, viewing its remarkable architecture, visiting the Spice Market and colorful shops at the Deira Gold Souk, and ascending the Burj Khalifa, the world’s tallest skyscraper. On the last day, continue on to your journey or board your flight home.

Park Hyatt Dubai or Taj Dubai or Four Seasons Resort Dubai at Jumeirah Beach | Meals: Breakfast, Lunch (Day 2) Breakfast (Day 3)
Dates & Prices

Prices are in USD, per person, based on double occupancy.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Prices</th>
<th>Single Supplement</th>
<th>Internal Air (From)</th>
<th>Availability</th>
</tr>
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<tbody>
<tr>
<td>May 08 - May 18, 2019</td>
<td>$7,895</td>
<td>$1,398 (was $2,795)</td>
<td>$1,515</td>
<td>Call for Availability</td>
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<td>Optional post-tour extension</td>
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<td>Sep 25 - Oct 05, 2019</td>
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<td>Oct 06 - Oct 16, 2019</td>
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<td>Nov 10 - Nov 20, 2019</td>
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Journey Details

Internal Air: Economy class from $1,515
Bangkok/Paro/Kathmandu/Bangkok

This journey contains some active elements.

Minimum age is 10 years.

First group event: flight from Bangkok to Paro at 6:50 a.m. on Day 2.
Last group event: return flight from Kathmandu to Bangkok arriving at 6:30 p.m. on Day 10.
Departures are guaranteed to operate with a minimum of 2 guests.

Special Offer Terms & Conditions

Offer subject to availability and can be withdrawn at any time. Cannot be combined with Marco Polo Club or any other single supplement discount.

Prices are per person based on double occupancy. Internal and international air not included. See complete terms and conditions here.