



LUXURY SMALL GROUP JOURNEYS

## Myanmar & the Irrawaddy 2019

11 days from \$5,495

Limited to 18 guests

Journey to untouched Myanmar to experience the serenity of Inle Lake, observe life along the banks of the Irrawaddy River from aboard 'Sanctuary Ananda' and watch the rising sun illuminate thousands of temples in timeless Bagan.

### A&K Advantages

Cruise in luxury for three nights on the legendary Irrawaddy River aboard all-balcony 'Sanctuary Ananda'

Experience floating gardens and a private viewing of a traditional Intha boat race on tranquil Inle Lake

Soar above thousands of pagodas and capture the photographs of a lifetime on a magical hot air balloon ride

Experience the ceremonial lighting of a thousand oil lamps at the gilded Shwedagon Pagoda

# Itinerary

## DAY 1 ARRIVE YANGON, MYANMAR

Arrive in Yangon, where you are met and transferred to your hotel.

Belmond Governor's Residence

## DAY 2 YANGON | QUEEN OF THE EAST

Today, enjoy your first taste of Myanmar, a profoundly Buddhist country, where many ancient traditions still flourish. Visit the Reclining Buddha at Chauk Htat Gyi Pagoda, a 213-foot-long statue with an expressive enamel face. This evening, transfer to Shwedagon Pagoda, the most sacred Buddhist site in Myanmar, for a sunset oil lamp lighting ceremony. Standing nearly 330 feet tall, the venerated *stupa* is covered in gold leaf and topped by a finial encrusted with thousands of diamonds, rubies, sapphires and other precious gems. View this mesmerizing wonder firsthand, as your local guide explains the history behind the holy relics it enshrines, which include strands of hair from the head of Siddhārtha Gautama, the Buddha. Tonight, gather for a special welcome dinner.

Belmond Governor's Residence | Meals: Breakfast, Lunch, Dinner

## DAY 3 BAGAN | TEMPLES & PAGODAS

Fly to Bagan, a city with more than 2,000 Buddhist pagodas and temples, the first of which was built by King Anawrahta in 1044. Upon arrival, you are taken to a local restaurant for lunch before continuing to your hotel. After a short rest, continue your journey to see the Shwezigon Pagoda, Bagan's greatest reliquary, built to house the Buddha's collarbone, frontal bone and tooth. At sunset, Ride Like a Local as you weave your way through the temple ruins on the back of a horse cart.

Aureum Palace Hotel & Resort, Bagan | Meals: Breakfast, Lunch, Dinner

## DAY 4 BAGAN | BALLOONING ABOVE THE TEMPLES

Rise early for an exhilarating hot air balloon ride (weather permitting) over Bagan, as dawn illuminates the gold- and sand-colored *stupas*. After breakfast, visit the well-preserved Ananda Temple, built in 1090. Next, travel to the village of Wetkyi-In to see the wonderful Kubyaukgyi Temple, renowned for its ancient murals. Board luxurious all-balcony 'Sanctuary Ananda,' your home for a three-night cruise on the timeless Irrawaddy River. After lunch on board, visit a local lacquerware workshop before proceeding to a temple to enjoy the sunset. Return to the ship for dinner.

'Sanctuary Ananda' | Meals: Breakfast, Lunch, Dinner

## DAY 5 CRUISING THE IRRAWADDY | A TIMELESS JOURNEY

After breakfast on board 'Sanctuary Ananda,' explore Nyaung Oo Market and observe the locals selling and bartering for goods. Return to the ship for lunch and begin your cruise along the Irrawaddy River. Listen to a special onboard talk about Myanmar's history and vision for the future, followed by demonstrations of the *longyi* (traditional Burmese cloth worn by men and women) and *thanakha* (a white cosmetic paste made from ground bark).

'Sanctuary Ananda' | Meals: Breakfast, Lunch, Dinner

## DAY 6 CRUISING THE IRRAWADDY | U BEIN BRIDGE

Today, learn the secrets of Burmese cuisine during a cooking demonstration at a delightful Chef's Table experience. After lunch, disembark to visit Sagaing, a former royal city renowned for its monasteries, pagodas and *stupas*. Proceed to Amarapura, where you embark by boat to view the picturesque U Bein Bridge — the oldest and longest teakwood bridge in the world. Watch locals riding bikes, carrying crops and commuting from work cross this tall, iconic landmark for an insight into everyday life here as well as an ideal sunset photo opportunity.

'Sanctuary Ananda' | Meals: Breakfast, Lunch, Dinner

## DAY 7 MANDALAY | ICONS & EVENING PRAYERS

After breakfast on board, explore a gold-leaf workshop, where the metal is hammered paper-thin and prepared for use in some of Myanmar's holiest sites. This afternoon, visit the Shwenandaw Monastery and view the more than 700 marble slabs inscribed with Buddhist religious texts at Kuthodaw Pagoda, referred to as the biggest book in the world. Later, witness evening prayers at Shwe Kyin Monastery.

Rupar Mandalay Resort | Meals: Breakfast, Lunch

## DAY 8 INLE LAKE | FLOATING GARDENS

Fly to Heho and drive to Nyaung Shwe to visit a Shan paper workshop. Enjoy a firsthand look at the artisans who produce this distinctive paper, using fibers from the mulberry bush, and craft a wide range of items from it, most notably Burmese parasols. After lunch, board a boat and explore the ingenious floating gardens of Inle Lake. To create these gardens, used for growing fruit and vegetables, fishermen gather together lake plants such as water hyacinths and seagrass and anchor them with bamboo poles embedded in the lake bottom. Layers of mud, ash and more vegetation are then applied to form a farmable surface strong enough to stand upon. Also, visit Nga Phe Kyaung Monastery to view the Buddha statues on display in intricately decorated shrines. Transfer to your lakeside boutique hotel for the evening.

Aureum Palace Hotel & Resort, Inle | Meals: Breakfast, Lunch, Dinner

## DAY 9 INLE LAKE | FIFTH-DAY MARKET & PRIVATE BOAT RACE

Visit the Fifth-Day Market, where hill tribe people in traditional dress barter for goods and produce. Stop for lunch at the Intha Heritage House, savoring dishes made from recipes handed down for generations. Then, privately witness an Intha boat race with afternoon tea. Marvel at the coordinated effort required by the 20 participants per boat, each using the traditional single-leg rowing technique that local fishermen still employ.



Aureum Palace Hotel & Resort, Inle | Meals: Breakfast, Lunch

#### DAY 10 YANGON | SHWEDAGON PAGODA & FAREWELL DINNER

Fly to Yangon and transfer to your hotel. After time at leisure, visit Bogyoke Aung San Market (Scott Market) to see where locals gather, socialize and shop. Later, savor afternoon tea with a local writer, artist and intellectual who shares her insight into contemporary Burmese culture and politics. Tonight, toast your time in Myanmar at a special farewell dinner.

Belmond Governor's Residence | Meals: Breakfast, Lunch, Dinner

#### DAY 11 DEPART YANGON

After breakfast, transfer to the airport and depart.

## Extensions



### Pre-Tour Extension: Bangkok

3 days from \$1,395  
Single Supplement from \$595  
Internal air from \$525  
✈ Bangkok/Yangon

#### DAY 1

Arrive in Bangkok, Thailand, and transfer to your luxurious hotel.

The Peninsula Bangkok

#### DAY 2

Depart the hotel and explore the Royal Grounds of the Grand Palace by *tuk-tuk*, and then tour the palace. Next, behold the spectacular Reclining Buddha at Wat Pho. Later, glide along the Chao Phraya River and *klongs* (canals) by boat. Tonight, gather with your fellow guests for dinner.

The Peninsula Bangkok | Meals: Breakfast, Dinner

#### DAY 3

After breakfast, fly to Yangon to begin your main journey.



### Post-Tour Extension: Luang Prabang

4 days from \$1,995  
Single Supplement from \$695  
Internal air from \$1,355  
✈ Yangon/Bangkok/Luang Prabang/Bangkok

#### DAY 1

Fly from Yangon to Luang Prabang via Bangkok. On arrival, transfer to your boutique hotel before enjoying a *baci* ceremony in a local home this evening.

Belmond La Résidence Phou Vao

#### DAY 2

Observe locals giving alms to monks. Visit an organic rice farm and Kuang Si Waterfall. Enjoy a sunset cruise before dinner.

Belmond La Résidence Phou Vao | Meals: Breakfast, Lunch, Dinner

#### DAY 3

See the monasteries of Wat Xieng Thong, Wat Khili, Wat Sop and Wat Sene. Visit the Royal Palace and Phousi Hill on a city tour. This evening, fly to Bangkok.

Novotel Bangkok Suvarnabhumi Airport | Meals: Breakfast, Lunch

#### DAY 4

Today, transfer to the airport and depart.

## Dates & Prices

Prices are in USD, per person, based on double occupancy.  
Page: 3 of 5

As of Oct 23, 2019

Prices are in USD, per person, based on double occupancy.

Dates	Prices	Single Supplement	Internal Air (From)	Availability
<b>Oct 24 - Nov 03, 2019</b>				
Classic Cabin Bagan Deck	\$5,495	\$2,195	\$475	Waitlist - Call A&K
Deluxe Cabin Bagan Deck	\$5,995	\$2,695	\$475	Waitlist - Call A&K
Deluxe Cabin Mandalay Deck	\$6,695	\$3,395	\$475	Call for Availability
Luxury Suite Bhamo Deck	\$7,995	\$4,695	\$475	Waitlist - Call A&K
Aloungpayah Owner's Suite	\$10,495	\$10,495	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Oct 31 - Nov 10, 2019</b>				
Classic Cabin Bagan Deck	\$5,495	\$2,195	\$475	Call for Availability
Deluxe Cabin Bagan Deck	\$5,995	\$2,695	\$475	Call for Availability
Deluxe Cabin Mandalay Deck	\$6,695	\$3,395	\$475	Call for Availability
Luxury Suite Bhamo Deck	\$7,995	\$4,695	\$475	Call for Availability
Aloungpayah Owner's Suite	\$10,495	\$10,495	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Nov 07 - Nov 17, 2019</b>				
Classic Cabin Bagan Deck	\$5,495	\$2,195	\$475	Waitlist - Call A&K
Deluxe Cabin Bagan Deck	\$5,995	\$2,695	\$475	Waitlist - Call A&K
Deluxe Cabin Mandalay Deck	\$6,695	\$3,395	\$475	Waitlist - Call A&K
Luxury Suite Bhamo Deck	\$7,995	\$4,695	\$475	Waitlist - Call A&K
Aloungpayah Owner's Suite	\$10,495	\$10,495	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Nov 21 - Dec 01, 2019</b>				
Classic Cabin Bagan Deck	\$5,495	\$2,195	\$475	Call for Availability
Deluxe Cabin Bagan Deck	\$5,995	\$2,695	\$475	Call for Availability
Deluxe Cabin Mandalay Deck	\$6,695	\$3,395	\$475	Call for Availability
Luxury Suite Bhamo Deck	\$7,995	\$4,695	\$475	Call for Availability
Aloungpayah Owner's Suite	\$10,495	\$10,495	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Dec 05 - Dec 15, 2019</b>				
Classic Cabin Bagan Deck	\$5,495	\$2,195	\$475	Waitlist - Call A&K
Deluxe Cabin Bagan Deck	\$5,995	\$2,695	\$475	Limited Availability
Deluxe Cabin Mandalay Deck	\$6,695	\$3,395	\$475	Call for Availability
Luxury Suite Bhamo Deck	\$7,995	\$4,695	\$475	Call for Availability
Aloungpayah Owner's Suite	\$10,495	\$10,495	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Dec 19 - Dec 29, 2019</b>				
Classic Cabin Bagan Deck	\$5,795	\$2,495	\$475	Waitlist - Call A&K
Deluxe Cabin Bagan Deck	\$6,295	\$2,995	\$475	Waitlist - Call A&K
Deluxe Cabin Mandalay Deck	\$6,995	\$3,695	\$475	Limited Availability
Luxury Suite Bhamo Deck	\$8,295	\$4,995	\$475	Waitlist - Call A&K
Aloungpayah Owner's Suite	\$10,795	\$10,795	\$475	Call for Availability
<i>Optional <a href="#">pre-tour and post-tour extensions</a> available on this departure.</i>				
<b>Dec 26, 2019 - Jan 05, 2020</b>				
Classic Cabin Bagan Deck	\$5,795	\$2,495	\$475	Call for Availability

Deluxe Cabin Bagan Deck	\$6,295	\$2,995	\$475	Call for Availability
Deluxe Cabin Mandalay Deck	\$6,995	\$3,695	\$475	Call for Availability
Luxury Suite Bhamo Deck	\$8,295	\$4,995	\$475	Call for Availability
Aloungpayah Owner's Suite	\$10,795	\$10,795	\$475	Call for Availability

Optional [pre-tour and post-tour extensions](#) available on this departure.

## Journey Details

Internal Air: Economy class from \$475  
Yangon/Bagan; Mandalay/Heho/Yangon

Minimum age is 10 years.

First group event: welcome briefing at 9:00 a.m. on Day 2.

Last group event: farewell dinner at 7:30 p.m. on Day 10.

Departures are guaranteed to operate with a minimum of 2 guests.

Itinerary will operate with routing changes in the case of low water levels.

This journey contains some active elements

Prices are per person based on double occupancy. Internal and international air not included. See complete terms and conditions [here](#).