LUXURY SMALL GROUP JOURNEYS

Bhutan & Nepal: Heart of the Himalaya 2020

11 days from $7,895 was $8,395

Limited to 18 guests

OFFER

Save $500 per person on select departures.

Discover Bhutan and Nepal, two Himalayan countries little touched by the passage of time, as you view the stunning “Tiger’s Nest” Monastery, stroll through Kathmandu’s Durbar Square and enjoy a meal in the home of a local Nepali family.

A&K Advantages

Feel the spirit of Bhutan on a pilgrimage hike to the revered “Tiger’s Nest” Monastery, perched high on a sheer rock face

Learn about the traditions and age-old methods of Bhutanese farmers on a visit to a farmhouse

Enjoy a lesson in Nepalese cuisine during a Chef’s Table event in the home of a local resident

Ride Like a Local when you travel by rickshaw to visit Kathmandu Durbar Square and Taleju Temple
DAY 1 ARRIVE BANGKOK, THAILAND
Arrive in Bangkok, where you are met and transferred to your airport hotel.
Novotel Bangkok Suvarnabhumi Airport

DAY 2 PARO & THIMPHU, BHUTAN | AMONG TOWERING PEAKS
Fly to Paro, your gateway to Bhutan, a nation whose cultural traditions remain well preserved. Transfer to Thimphu and visit the National Memorial Chorten. Later, see Tashichho Dzong, a 13th-century Buddhist monastery and fortress, and then gather for your welcome dinner.
Taj Tashi, Thimphu | Meals: Breakfast, Lunch, Dinner

DAY 3 PUNAKHA | THE DIVINE MADMAN
Drive over the Dochula Pass, seeing the colorful prayer flags en route to Punakha. Stop at Chimi Lhakhang (Temple of the Divine Madman), continuing to Punakha Dzong.
Taj Tashi, Thimphu | Meals: Breakfast, Lunch

DAY 4 THIMPHU | DESIGN YOUR DAY
Today, enjoy one of these Design Your Day activities.
- Hike Wangditse Nature Trail, a two hour scenic walk through fields to Wangtse Monastery with stunning views.
- Offer Butter Lamps at a Monastery in Thimphu, and explore the Folk Heritage and National Textile Museum.
- Visit Pangrizampa, where you meet with a local astrologer and practice meditation with an expert. Tonight, gather for dinner at a local restaurant.
Taj Tashi, Thimphu | Meals: Breakfast, Lunch, Dinner

DAY 5 PARO | MONASTERIES, RIVERS & RELICS
Journey overland to Paro, stopping to visit local farmers at their farmhouse, an opportunity to better understand their traditional way of life. Once in Paro, view the religious thankga (scroll) paintings and the natural history collection at the National Museum. Continue to Rinpung Dzong, a monastery and fortress along a mountain river.
Zhiwa Ling Heritage | Meals: Breakfast, Lunch, Dinner

DAY 6 PARO | ASCENT TO THE “TIGER’S NEST”
This morning, you may choose to attempt the climb to Taktsang Monastery (“Tiger’s Nest”). This hike is intentionally difficult, intended as an arduous pilgrimage for Buddhist devotees. Later, try your hand at archery, Bhutan’s national sport.
Zhiwa Ling Heritage | Meals: Breakfast, Lunch, Dinner

DAY 7 KATHMANDU, NEPAL | HISTORIC DURBAR SQUARE
Fly to Kathmandu. Ride by rickshaw to Kathmandu Durbar Square and Taleju Temple, see the House of the Living Goddess (Kumari), and stroll through the bazaar and old city. Continue to Swayambhunath, one of the most sacred shrines for Tibetan Buddhists. This evening, enjoy a lecture by a Mount Everest summiter.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

DAY 8 KATHMANDU | A GUIDED MEDITATION
Visit Pashupatinath, a sacred Hindu temple built in a pagoda style. Enter Kopan Nunnery and Monastery, where a monk or nun leads you in a private guided meditation session. Continue to Boudhanath, home to one of the world’s largest Buddhist shrines.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch

DAY 9 KATHMANDU | A LESSON IN NEPALESE CUISINE
Today, explore Patan to see its Durbar Square and the former royal palace. Attend a Nepalese cooking class in a local home. Enjoy your afternoon at leisure. Tonight, gather for a farewell dinner at a local restaurant.
Dwarika’s Hotel, Kathmandu | Meals: Breakfast, Lunch, Dinner

DAYS 10-11 DEPART BANGKOK
On Day 10, either fly to Lhasa to begin your post-tour extension or fly to Bangkok, where you enjoy the use of an executive room, available through Day 11, when you depart on your flight home.
Novotel Bangkok Suvarnabhumi Airport | Meals: Breakfast
Extensions

Lhasa Post-Tour Extension

Journey to the heart and soul of Tibet, visiting local people, markets and temples for firsthand insights into the culture.

4 days from $1,995
Single Supplement from $995
Internal air from $495

Available to add to select departure dates.

DAYS 1-2
Fly to Lhasa, enjoying breathtaking views of the Himalaya. The next day, visit two of Tibet’s great monasteries, Drepung and Sera.

The St. Regis Lhasa Resort  |  Meals: Breakfast, Lunch (Day 2)

DAY 3
Explore Potala Palace, the former home of the Dalai Lama. Visit Jokhang Temple and join monks as they circle it in prayer.

The St. Regis Lhasa Resort  |  Meals: Breakfast, Lunch, Dinner

DAY 4
Transfer to the airport for your flight home.

Explore Dubai: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Dubai before or after your journey.

3 days from $1,795
Single Supplement from $1,195

Hotel Options:
Park Hyatt Dubai, from $1,795 | Single Supplement from $1,195
Taj Dubai, from $1,895 | Single Supplement from $1,195
Mandarin Oriental Jumeira, Dubai, from $2,195 | Single Supplement from $1,495

International air not included.

3 Days
Fly to Dubai and check in to your luxury hotel. Discover the best of this dazzling city, viewing its remarkable architecture, visiting the Spice Market and colorful shops at the Deira Gold Souk, and ascending the Burj Khalifa, the world’s tallest skyscraper. On the last day, continue on to your journey or board your flight home.

Park Hyatt Dubai or Taj Dubai or Mandarin Oriental Jumeira, Dubai  |  Meals: Breakfast, Lunch (Day 2); Breakfast (Day 3)

Explore Hong Kong: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Hong Kong before or after your journey.

3 days from $2,395
Single Supplement from $1,395

International air not included.

3 Days
Experience Hong Kong Island by land, air and sea, beginning with a look at the city’s bustling market culture with stops at the Sheung Wan Dried Food and Herbal Market, street-side antique shops, and an open-air curio market. Ride the Peak Tram funicular up to Victoria Peak for a stunning view of Victoria Harbour and finish with a traditional sampan (wooden boat) ride through the local floating villages.

The Peninsula Hong Kong  |  Meals: Breakfast, Lunch (Day 2); Breakfast (Day 3)
### Dates & Prices

Prices are in USD, per person, based on double occupancy.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Prices</th>
<th>Single Supplement</th>
<th>Internal Air (From)</th>
<th>Availability</th>
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<tbody>
<tr>
<td>Apr 08 - Apr 18, 2020</td>
<td>$8,395</td>
<td>$2,995</td>
<td>$1,515</td>
<td>Call for Availability</td>
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Optional post-tour extension available on this departure.

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### Journey Details

Internal Air: Economy class from $1,515
Bangkok/Paro/Kathmandu/Bangkok

This journey contains some active elements.

Minimum age is 10 years.

First group event: flight to Paro at 6:50 a.m. on Day 2.

Last group event: return flight to Bangkok arriving at 6:30 p.m. on Day 10.

Departures are guaranteed to operate with a minimum of 2 guests.

### Special Offer Terms & Conditions

*Offer subject to availability and may be withdrawn at any time.*

Prices are per person based on double occupancy. Internal and international air not included. See complete terms and conditions [here](#).