



LUXURY SMALL GROUP JOURNEYS

Wellness Southeast Asia: Timeless Rituals of Indochina 2020

13 days from \$9,295 per person

Limited to 18 guests

Immerse in a wellness-inspired cultural journey to Thailand, Laos, Cambodia and Vietnam, delving into enduring spiritual traditions and activities that promote well-being, experiencing lush, serene landscapes and relaxing on a luxurious private island.

Included With Every Luxury Small Group Journey

- English-Speaking Resident Tour Director® and Local Guides
- Hand-Selected Luxury Accommodations
- Airport Meet and Greet with Private Transfers
- Travelling Bell Boy® Luggage Handling
- Breakfast in Bed on Select Days
- Full Breakfast Daily; Select Lunches and Dinners
- **New!** Your Choice of Activity on Design Your Day®
- Traveller's Valet® Laundry Service
- Internet Access
- Entrance Fees, Taxes and All Gratuities Except Resident Tour Director
- 24/7 A&K On-Call Support
- Guaranteed Departures with Just Two Guests

A&K Advantages

- Take part in beautiful ceremonies that connect you to the ancient traditions of Southeast Asia, including a Laotian *baci* ceremony and alms offering
- Practice meditation in Luang Prabang alongside a scenic waterfall with a local teacher before enjoying a walk
- Explore cinematic Siem Reap, venturing to its awe-inspiring temples on a *tuk-tuk* or bicycle
- Luxuriate on a private tropical island with a three-night stay on turquoise-water-fringed Krabey Island in southern Cambodia
- Choose from a selection of Laotian-inspired treatments delivered by skilled practitioners at Rosewood Luang Prabang's luxurious spa
- Enjoy a meaningful visit to a rural village partnering with A&K Philanthropy to source clean water in Siem Reap

Itinerary

DAYS 1-2 ARRIVE BANGKOK, THAILAND

Arrive in Bangkok, and transfer to your luxury hotel on the Chao Phraya River. Discover this city of contrasts the next day, first with a visit to the exotically perfumed Pak Klong Talat, Bangkok's largest and most colorful flower market. Next, make the pilgrimage — as many devout Buddhists do — to the eclectic Grand Palace, a sprawling complex of glittering halls and pavilions. Explore its spire-topped Throne Room and stunning Queen Sirikit Museum of Textiles. Ride a *tuk-tuk* to a local restaurant for lunch. Later, cruise the Chao Phraya on a local boat to a neighborhood temple, where you receive a blessing from a monk and discuss the importance of Buddhism in Thai culture. Continue to peaceful Kudi Jeen, one of Bangkok's most diverse communities. Walk to a family bakery, where you taste a local specialty cake, and then stop at the community's church.

The Siam | Meals: Breakfast, Lunch, Dinner (Day 2)

DAY 3 LUANG PRABANG, LAOS | A TRADITIONAL WELCOME

Fly to Luang Prabang, and transfer to your stunning new hotel in a hilltop forest. Settle into your riverside villa, enjoying the soothing sound of the river as it gently bubbles by, or lounging on the oversized day bed on the balcony with the soothing sounds of nature ever near. This evening, partake in a *baci* ceremony, a Laotian welcoming ritual performed to bestow the protective power of the spirits on the visitor. Join locals for a game of *pétanque* (the French version of bocce) followed by refreshing cocktails served during a Scenic Sundowner experience. Tonight, partake in an al fresco dinner featuring produce from your hotel's on-site organic garden.

Rosewood Luang Prabang | Meals: Breakfast, Lunch, Dinner

DAY 4 LUANG PRABANG | LAOTIAN TREASURES & TRADITIONS

Enjoy immersing in the tranquility of Luang Prabang. Rise before dawn to participate in tak bat, a silent ceremony offering food to local monks who walk in meditation with their alms bowls. Then, visit a local market followed by breakfast at your hotel. Later, explore the Royal Palace Museum and Wat Xieng Thong with its impressive tree of life mosaic and richly decorated wooden columns. After lunch, return to your hotel for a relaxing afternoon at your leisure, during which you may choose from one of the hotel's Laotian-inspired spa treatments, including a detoxifying cleanse delivered by a healer from the local Hmong tribe.

Rosewood Luang Prabang | Meals: Breakfast, Lunch

DAY 5 LUANG PRABANG | ORGANIC RICE FARM

Lush rice fields define the landscape of Laos. This morning, experience a closer look during an enriching farm-to-village tour. Transfer out of town and meet Lautlee, a friendly local farmer who personally takes you around his family's farm for an authentic "crop to bowl" experience in Laos. Stroll through verdant fields to learn about the types of crops grown here and how they are traditionally harvested and used, exploring every stage of the rice harvest. Help tend to the produce in the organic vegetable garden. Then, head indoors for a hands-on cooking experience, learning how to transform grains of glutinous rice from the field into long strands of Lao noodles used in a spicy Lao soup called *khao poon*. The best part of this experience is tasting the delicious fruits of your labor in the form of local snacks made from this regional staple. Enjoy lunch on your own, followed by a relaxing afternoon at your hotel, perhaps by the pool or natural waterfall. An exciting evening awaits with dinner at a local restaurant and an optional visit to the lively, handicraft night market.

Rosewood Luang Prabang | Meals: Breakfast, Dinner

DAY 6 LUANG PRABANG & SIEM REAP, CAMBODIA | WATERFALL MEDITATION

Start the day early this morning, and travel to stunning Kuang Si Falls for a guided meditation led by a local expert. Enjoy a picnic breakfast along the cascading waters, then explore a path running along a wide multi-tiered fall. Cool off with a refreshing swim, or walk the forest trails. This afternoon, fly to Siem Reap and transfer to your hotel on eight acres of gardens and rice paddies. Enjoy dinner at your hotel.

Phum Baitang | Meals: Breakfast, Lunch, Dinner

DAY 7 SIEM REAP | SPLENDORS OF ANGKOR THOM BY BICYCLE

This morning, set out for the incredible temples of Angkor. Ride a *tuk-tuk* or choose to cycle to Angkor Thom, visiting the richly decorated Bayon Temple. Enjoy an afternoon at leisure at your hotel before setting out by *tuk-tuk* for a progressive dining tour of Siem Reap, sampling specialties from three local restaurants.

Phum Baitang | Meals: Breakfast, Dinner

DAY 8 SIEM REAP | HEAVEN ON EARTH AT ANGKOR WAT

Wake early this morning to witness sunrise at Angkor Wat and a moving view of its sacred temple. Continue to Ta Prohm, its crumbling towers and walls draped in a riotous jungle. Return to your hotel for breakfast and a relaxing morning at leisure. Later this afternoon, visit Banteay Srei, known as "Citadel of the Women." Continue to a rural village partnering with A&K Philanthropy to install filtered wells as part of the Cambodia Clean Water Project, making this a meaningful opportunity to talk with residents of the community firsthand.

Phum Baitang | Meals: Breakfast

DAY 9-11 KRABEY ISLAND | TROPICAL PRIVATE ISLAND ESCAPE

Fly to Sihanoukville, continuing by speedboat to private Krabey Island, a less-frequented oasis off Cambodia's coast. Enjoy the amenities of your luxury resort, relaxed pace of the island, meals taken at your leisure and breezy time at your private pool.

Six Senses Krabey Island | Meals: Breakfast



DAYS 12-13 DEPART HO CHI MINH CITY, VIETNAM

After breakfast on Day 12, fly to Ho Chi Minh City and transfer to your hotel. Depart the next day on your international flight home.

InterContinental Saigon Hotel | Meals: Breakfast

Extensions



Explore Hong Kong: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Hong Kong before or after your journey.

3 days from \$2,395 per person
Single Supplement from \$1,395 per person

International air not included.

3 Days

Experience Hong Kong Island by land, air and sea, beginning with a look at the city's bustling market culture with stops at the Sheung Wan Dried Food and Herbal Market, street-side antique shops, and an open-air curio market. Ride the Peak Tram funicular up to Victoria Peak for a stunning view of Victoria Harbour, and finish with a traditional *sampan* (wooden boat) ride through the local floating villages.

The Peninsula Hong Kong | Meals: Breakfast, Lunch (Day 2); Breakfast (Day 3)



Explore Dubai: Stopover Package

Take advantage of an incredible opportunity to spend two nights in Dubai before or after your journey.

3 days from \$1,795 per person
Single Supplement from \$1,195 per person

Hotel Options:

Park Hyatt Dubai, from \$1,795 | Single Supplement from \$1,195

Taj Dubai, from \$1,895 | Single Supplement from \$1,195

Mandarin Oriental Jumeira, Dubai, from \$2,195 | Single Supplement from \$1,495

International air not included.

3 Days

Fly to Dubai and check in to your luxury hotel. Discover the best of this dazzling city, viewing its remarkable architecture, visiting the Spice Market and colorful shops at Deira Gold Souk, and ascending the Burj Khalifa, the world's tallest skyscraper. On the last day, continue on to your journey or board your flight home.

Park Hyatt Dubai or Taj Dubai or Mandarin Oriental Jumeira, Dubai | Meals: Breakfast, Lunch (Day 2) Breakfast (Day 3)

Dates & Prices

Prices are in USD, per person, based on double occupancy.

Dates	Prices	Single Supplement	Internal Air (From)	Availability
Feb 05 - Feb 17, 2020	\$9,995	\$5,995	\$1,370	Call for Availability
<i>Standard room category for Rosewood Luang Prabang is the Waterfall Pool Villa from \$9,995. Hilltop Tent accommodations also available from \$10,495 per person, double occupancy.</i>				
Mar 04 - Mar 16, 2020	\$9,995	\$5,995	\$1,370	Waitlist - Call A&K
<i>Standard room category for Rosewood Luang Prabang is the Waterfall Pool Villa from \$9,995. Hilltop Tent accommodations also available from \$10,495 per person, double occupancy.</i>				
Oct 21 - Nov 02, 2020	\$9,295	\$4,795	\$1,370	Available
<i>Standard room category for Rosewood Luang Prabang is the Waterfall Pool Villa from \$9,295. Hilltop Tent accommodations also available from \$9,795 per person, double occupancy.</i>				
Nov 04 - Nov 16, 2020	\$9,995	\$5,995	\$1,370	Available
<i>Standard room category for Rosewood Luang Prabang is the Waterfall Pool Villa from \$9,995. Hilltop Tent accommodations also available from \$10,495 per person, double occupancy.</i>				

Journey Details

Internal Air: Economy class from \$1,370

Bangkok/Luang Prabang/Siem Reap/Sihanoukville/Ho Chi Minh City

This journey contains some active elements.

Minimum age is 10 years.

First group event: welcome briefing at 8:30 a.m. on Day 2.

Last group event: arrival in Ho Chi Minh City at 12:00 p.m. on Day 12.

Departures are guaranteed to operate with a minimum of 2 guests.

Prices are per person based on double occupancy. Internal and international air not included. See complete terms and conditions [here](#).