

ESSENTIAL INFORMATION

ALASKA

PASSPORT AND VISA INFORMATION FOR NON-U.S. CITIZENS

A passport is required to travel by air between Canada and the United States. Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

Holders of Canadian passports are not required to obtain a tourist visa for entry into the United States for stays of up to 180 days.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

REAL-ID REGULATIONS FOR U.S. CITIZENS

Effective October 1, 2021, U.S. citizens must present a REAL ID-compliant driver's license, or another acceptable form of identification (such as a valid passport), to fly within the United States.

ENTRY REQUIREMENTS RELATED TO COVID-19

Visit [COVID-19 Travel Planner | CDC](#) for state-specific COVID-19 information, including up-to-date entry requirements for Alaska or any onwards travel. Entry requirements for Alaska will be sent to you with your Final Documents, as they are subject to change.

VACCINATIONS

There are no required vaccinations to enter the United States.

STAY HEALTHY ON THE ROAD

If your journey includes travel in Alaska's high elevation regions, you may experience altitude sickness. Please consult your healthcare provider for suggestions on prevention and treatment.

ENVIRONMENTAL CONCERNS

During your journey you will be exposed to the elements. Make certain to review the **Packing List** suggestions for your season of travel and check the weather before your trip.

In the summer months, National Parks and their surrounding areas are often home to a few pesky plants and insects. Poison oak is one such plant to keep on the lookout for. Your guides will help you identify it if you are not sure what to look for. If you come in contact with poison oak, it is very important to wash with soap and water as quickly as possible. Keep in mind that the irritating oils from the plant are easily transferred from you, your clothing or equipment to other persons or equipment, so even if you are not sensitive it is important to consider others.

The mosquito population in summer is quite high. Mosquitoes are large and aggressive. Be certain to pack insect repellent with a high percentage of DEET as well as some After Bite. Those more sensitive to mosquitoes may also consider bringing head netting. Ticks are also present in the spring and early summer - check yourself after hiking through grass or brush.

Indigenous wildlife – such as bears – are also common place in some areas. Your guides will take you through a few extra precautions with regard to local wildlife encounters.

CASH & CREDIT CARDS

Cash transactions must be made in U.S. currency. Major credit cards are widely accepted for goods and services. Access to ATM machines is widespread in larger cities such as Fairbanks and Anchorage but may be limited in smaller towns and rural areas.

PACKING LIST & BAGGAGE RESTRICTIONS

ALASKA (SUMMER JOURNEYS)

BAGGAGE RESTRICTIONS

Baggage weight and size restrictions may apply on some Tailor Made programs inclusive of internal air flights. Contact your A&K Tailor Made Travel Consultant to determine any applicable weight restrictions for your journey.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

PACKING LIST

Choose versatile, casual clothing that can be layered if the weather requires. Please note: dark colors tend to attract insects such as mosquitoes. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Clothing

- | | |
|---|---|
| <input type="checkbox"/> Casual slacks | <input type="checkbox"/> Walking shorts |
| <input type="checkbox"/> Polo shirts, casual short-sleeve shirts or blouses | <input type="checkbox"/> Long sleeve shirts or blouses |
| <input type="checkbox"/> Waterproof, well broken-in hiking boots | <input type="checkbox"/> Comfortable walking shoes |
| <input type="checkbox"/> Lightweight raincoat | <input type="checkbox"/> Two-piece rain suit with hood |
| <input type="checkbox"/> Fleece jacket or vest | <input type="checkbox"/> Warm hat and gloves |
| <input type="checkbox"/> Sweater or lightweight jacket | <input type="checkbox"/> Brimmed hat for sun protection |
| <input type="checkbox"/> Sleepwear (light and warm) | <input type="checkbox"/> Personal garments |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Swimwear/cover-up |

Other Recommended Items

- | | |
|--|---|
| <input type="checkbox"/> Sunglasses | <input type="checkbox"/> Sun block |
| <input type="checkbox"/> Insect repellent with DEET | <input type="checkbox"/> After Bite |
| <input type="checkbox"/> Simple first-aid kit | <input type="checkbox"/> Prescriptions and medications (in their original bottles and/or packaging) |
| <input type="checkbox"/> Extra eyeglasses/contact lenses | <input type="checkbox"/> Smartphone |
| <input type="checkbox"/> Charging cables for electronics | <input type="checkbox"/> Foldable umbrella |

Optional Items

- | | |
|---|--|
| <input type="checkbox"/> Small LED flashlight | <input type="checkbox"/> Foldable walking stick |
| <input type="checkbox"/> Lightweight binoculars | <input type="checkbox"/> Small daypack or fanny pack |

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

PACKING LIST & BAGGAGE RESTRICTIONS ALASKA (WINTER JOURNEYS)

BAGGAGE RESTRICTIONS

Baggage weight and size restrictions may apply on some Tailor Made programs inclusive of internal air flights. Contact your A&K Tailor Made Travel Consultant to determine any applicable weight restrictions for your journey.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

PACKING LIST

Choose versatile, casual clothing in breathable fabrics that you can layer. Your clothing should be specifically created for cold climates and windy conditions. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Tips for Staying Warm

It's important not to overdress to the point of perspiration, and to wear waterproof clothing. Wet skin can quickly lead to a dangerous loss of body heat. Wearing several medium-weight layers of clothing made of breathable materials under your parka allows you to adjust your personal temperature at will.

Each layer has a function. The **base layer** "transfers" moisture to upper layers and will help keep your body dry and comfortable. It's best to have long thermal underwear made of lightweight, breathable material against your skin. Thermal underwear should fit snugly. Woolen thermals, silk or a combination of synthetic and merino wool are recommended. Avoid cotton, as it traps moisture and can cause you to become chilled.

The **mid layer** provides insulation to trap warmth created by your body heat. Fabrics such as Polartec®, Pertex® or lightweight wool materials will keep you warm. Clothing should fit loosely. Clothing that is too tight does not allow for airflow, causing you to feel cold.

The **outer layer** should provide protection against moisture and wind and allow freedom of movement. Wind and water-resistant materials are the best protection in wet snow. The outer layer should be large enough to fit over the top of several mid layers.

- Your hat should protect your head, ears and neck. Wool or fleece with a wind-protecting liner is best. Gloves should be windproof, have a warm liner and enough "wobble room" for your fingers. In very cold weather, both gloves and mittens provide the best protection. Shoes should be large enough to allow space for extra socks or insoles.

Outdoor Clothing - Base Layer

- 2-3 Thermal tops
- Thermal pants
- 3-4 Pairs of high socks thermal sock liners
- 1-2 Glove liners

Outdoor Clothing - Mid Layer

- Insulated jacket
- Thin fleece jacket

Outdoor Clothing - Outer Layer

- Windproof and water-resistant hooded jacket
- Windproof and water-resistant winter pants

- Pair of warm and comfortable boots with sturdy soles
- 1-2 Pairs of ski mittens or gloves with glove liners
- 3-4 Pairs of high socks thermal socks
- 3-4 Pairs of high socks thermal socks
- Balaclava (ski mask)

Outdoor Accessories

- Polypropylene or wool ski cap (beanie)
- Tube-style scarf
- Small backpack
- Sunglasses (100 UV protection)
- Optional: Hand and foot warmers
- Sunscreen (high SPF of 30 or higher)

Additional Clothing Suggestions

- 2-3 Pairs of warm casual trousers to wear under snow pants (Expedition Stretch fabric, wool or corduroy fabric work well)
- 2-3 Warm woolen sweaters
- 2-3 Warm turtlenecks or long-sleeved tops/shirts (Expedition Stretch fabric, wool or corduroy fabric work well)
- Casual evening outfit
- Sleepwear
- Personal garments including thermal or silk long underwear
- Pair of comfortable walking shoes with low or no heels
- Swimwear/cover-up for sauna

Other Recommended Items

- Sunglasses
- Sun block
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Foldable umbrella

Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small daypack or fanny pack

Of Special Note: Batteries in Cold Climates

Battery life is greatly reduced in cold weather. It is recommended that you keep your mobile phone in an inner pocket of your parka and avoid taking it out in frigid temperatures. For your digital camera, bring two sets of rechargeable batteries and a charger. During outings, a set of spare batteries should be carried in an inside pocket to keep them as warm as possible. If you have a small camera, attach it to a lanyard so you can carry it under your parka.

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

TIPPING GUIDELINES ALASKA

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey.

	All Small Group Journeys and Pre/Post Tour Group Extensions	Tailor Made and Signature Journeys
Resident Tour Director or Group Extension Guide	\$15 per person, per day	Not applicable
Local Guides	Included	\$25 per person, per day (full day)
Flightseeing Pilots	Included	\$25 per person, per day (full day)
Drivers	Included	\$15 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Yacht Cruise Staff, Staff at Remote Lodges or Specialty Inns (if applicable)	Included	\$50 per person, per day.* Gratuities are accepted on site and shared among the staff. *For private charter vessels please refer to "Life on Board" document.
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.