

# ESSENTIAL INFORMATION

## WINGS OVER NORTHERN EUROPE

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for at least six (6) months after your journey and should have a minimum of six (6) blank visa pages for entry and exit stamps.

**Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into England, Iceland, Norway and Germany.**

**A tourist visa is required for U.S. and Canadian passport holders for entry into Russia.** A visa can be obtained either by applying directly to a Russian consulate or through a visa processing service. We strongly advise processing your Russian visa through VisaCentral as we have made arrangements with our visa service provider to obtain the Russia Tourist Visa Support Letter necessary to process your visa.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### VACCINATIONS

There are no vaccinations required to enter England, Iceland, Norway, Germany or Russia.

### CASH & CREDIT CARDS

Most major credit cards are widely accepted (In Russia very few places accept American Express.) Automatic Teller Machines (ATMs) are very common and many U.S. issued bankcards are compatible with them.

Travellers should note that for no apparent reason Russian credit card readers sometimes decline a valid credit card. For this reason, travellers intending to pay for goods and services by credit card should carry a back-up credit card(s) in case their card is not accepted. While in Russia, it's recommended you use only ATM machines that are physically attached to an established banking institution and avoid "stand-alone" machines found on street corners and in metro stations.

### OF SPECIAL NOTE: RUSSIA

Russia has grown in popularity in recent years and you may notice large crowds queuing to enter the various sights. A&K will enable you to enter through fast track or early opening arrangements depending on availability at the different sights, thus avoiding you having to queue wherever possible. However, please be aware that you may find large numbers of visitors outside these buildings or indeed in the entrance halls – please follow and trust your guides who are experienced in these procedures and know the best route to take you. Please note that due to the complex opening schedules in Russia it may be necessary to rearrange or substitute the sightseeing program on this itinerary.

# PACKING LIST & BAGGAGE RESTRICTIONS

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Due to aircraft restrictions on luggage capacity, passengers may only carry one (1) large suitcase per person weighing no more than 70 pounds (31.5 kilograms), and one (1) piece of carry-on luggage. During flights, carry-ons will be stowed with the checked luggage and will not be accessible.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

### PACKING LIST

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. There may be a few summerlike days but since fall weather can be unpredictable, it's best to bring multi-purpose clothing as well as lightweight gloves and a warm scarf. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms, shoulders should be covered – no shorts. This applies to both men and women. For women, barebacked, low-necked dresses or tops or short skirts, are not considered appropriate attire.

#### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes with low or no heels
- Lightweight raincoat and umbrella
- Sweater or fleece jacket
- Brimmed hat or visor for sun protection
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up

#### Other Recommended Items

- Sunglasses
- Sun block and lip balm
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

Laundry service is available at your hotels. Complimentary Traveller's Valet laundry service for 8 articles of clothing per person will be provided at the midpoint of your journey. Dry cleaning is not included.

## TIPPING GUIDELINES

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While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

	<b>All Small Group Journeys and Pre/Post Tour Extensions</b>	<b>Tailor Made Journeys</b>
Resident Tour Director or Group Extension Guide	\$20 per person, per day	Not applicable
Local Guides	Included	\$25 per person, per day (full day)
Drivers	Included	\$15 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.