ESSENTIAL INFORMATION
SCANDINAVIA: DENMARK, FINLAND, ICELAND, NORWAY AND SWEDEN

PASSPORT AND VISA INFORMATION
Your passport needs to be valid for at least six (6) months after your journey and should have a minimum of two (2) blank visa pages for entry and exit stamps for each country you are visiting.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Denmark, Finland, Iceland, Norway and Sweden for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at visacentral.com/abercrombiekent or call 844 823 1224 and reference A&K’s account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

VACCINATIONS
There are no vaccinations required to enter Denmark, Finland, Iceland, Norway or Sweden.

CASH & CREDIT CARDS
Most major credit cards are widely accepted. Automatic Teller Machines (ATMs) are very common and many U.S. issued bankcards are compatible with them.
PACKING LIST
SCANDINAVIA: DENMARK, FINLAND, ICELAND, NORWAY AND SWEDEN

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

PACKING LIST
Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Cotton and other light fabrics are comfortable choices for summertime. Pack a coat, hat, gloves, boots, warm socks and sleepwear, if you are visiting these countries between October and April. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

Clothing
- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes with low or no heels
- Lightweight raincoat and umbrella
- Sweater or fleece jacket
- Brimmed hat or visor for sun protection
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up

Other Recommended Items
- Sunglasses
- Sun block and lip balm
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.
TIPPING GUIDELINES  
SCANDINAVIA: DENMARK, FINLAND, ICELAND, NORWAY AND SWEDEN

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

<table>
<thead>
<tr>
<th>All Small Group Journeys and Pre/Post Tour Extensions</th>
<th>Tailor Made Journeys</th>
</tr>
</thead>
<tbody>
<tr>
<td>Resident Tour Director or Group Extension Guide</td>
<td>$20 per person, per day</td>
</tr>
<tr>
<td>Local Guides</td>
<td>Included</td>
</tr>
<tr>
<td>Drivers</td>
<td>Included</td>
</tr>
<tr>
<td>Airport Transfer Drivers</td>
<td>Included</td>
</tr>
<tr>
<td>Hotel Porters</td>
<td>Included</td>
</tr>
<tr>
<td>Housekeepers</td>
<td>Included</td>
</tr>
<tr>
<td>Included Meals</td>
<td>Included</td>
</tr>
<tr>
<td>Restaurants or Room Service on Own</td>
<td>10-15% unless already added</td>
</tr>
</tbody>
</table>

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.