

# ESSENTIAL INFORMATION

## NORWAY & ICELAND: FROM FJORDS TO FIRE

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of four (4) blank visa pages for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Norway or Iceland for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### COVID-19 COUNTRY ENTRY REQUIREMENTS & TRAVEL ADVISORIES

Norway and Iceland currently have no COVID-19 vaccination or testing requirements for entry for U.S. and Canadian residents. Visit the U.S. Department of State at [travel.state.gov](https://travel.state.gov) or the Government of Canada at [travel.gc.ca/travelling/advisories](https://travel.gc.ca/travelling/advisories) for up-to-date information.

### CASH & CREDIT CARDS

Major credit cards are widely accepted, and there is easy access to ATM outlets. Unattended self-service payment kiosks such as those in parking garages, train stations or gas stations only accept a Chip and PIN card or cash.

### PACKING LIST & BAGGAGE RESTRICTIONS

Each passenger is limited to 1 piece of checked luggage with a maximum weight of approximately 50 pounds (23 kilograms) in Economy Class and 2 pieces of checked luggage with a maximum weight of approximately 70 pounds (32 kilograms) per piece in Business Class. The total size (length + width + height) of any piece of checked baggage should not exceed 62 inches (158 centimeters). For carry-on baggage in both Economy and Business Class, each passenger is limited to 1 piece of luggage with a maximum weight of approximately 22 pounds (10 kilograms). Dimensions of your carry-on bag should not exceed 21 inches (55 centimeters) x 15 inches (40 centimeters) x 8 inches (20 centimeters).

Due to travel by train and boat, where portage is not available, it is recommended to use 1 small carry-on bag for your overnight in Flam. We recommend a soft-sided duffel or backpack that can be folded and stored in your checked luggage when not in use. The remainder of your baggage will be transported to your hotel in Bergen via a separate vehicle.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

#### Clothing

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Cotton and other light fabrics are comfortable choices for summertime. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

- Casual slacks
- Polo shirts, casual short-sleeve shirts or blouses
- Comfortable walking shoes with low or no heels
- Sweater or fleece jacket
- Sleepwear
- Socks
- Walking shorts
- Long sleeve shirts or blouses
- Lightweight raincoat and umbrella
- Brimmed hat or visor for sun protection
- Personal garments
- Swimwear/cover-up

Other Recommended Items

- Face masks and hand sanitizer
- Sun block and lip balm
- Sunglasses
- Prescriptions and medications (in their original bottles and/or packaging)
- Simple first-aid kit
- Valid Driver's Licence (snowmobile driving)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

TIPPING GUIDELINES

As a convenience, all gratuities are included on your Limited Edition Small Group Journey: *Norway & Iceland: From Fjords to Fire.*

Any additional gratuities that you may choose to present to specific members of your tour staff are left to your personal discretion.

For extra nights or Tailor Made services added to your main journey, please follow the Tailor Made tipping guidelines below for these days only. Gratuities can be presented in either U.S. dollars or the equivalent amount of local currency.

	<b>Tailor Made Journeys</b>
Resident Tour Director or Group Extension Guide	Not applicable
Local Guides	\$25 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included

Restaurants or Room Service on Own	10-15% unless already added
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