

DESTINATION INFORMATION FOR WINGS OVER NORTHERN EUROPE

What You Need to Know Before You Go

PASSPORT AND VISA INFORMATION

In order to enter England, Iceland, Norway, Germany and Russia as a citizen of the United States, you will need:

A signed passport valid for 6 months beyond the completion of this trip and a tourist visa for Russia.

Make sure your passport has at least five blank visa pages available for entry and exit stamps.

Contact our partner, VisaCentral for easy, efficient passport and visa processing. Call 844-823-1224 and reference A&K's account number #73001 or visit our Travel Store at abercrombiekent.com/travel_store.

We strongly advise processing your Russian visa through VisaCentral as we have made arrangements with our visa service provider to obtain the Russia Tourist Visa Support Letter necessary to process your visa.

If you are not a citizen of the United States, your entry requirements may vary. Please consult the nearest diplomatic or consular office of the country or countries you will be visiting.

CONSULAR INFORMATION

The US Department of State provides Country Specific Information Sheets for every country in the world, as well as Travel Advisories. Find this information by calling 888 407 4747 or 202 501 4444 or online at travel.state.gov.

CURRENCY

The unit of currency for the United Kingdom is the pound sterling.

Iceland's national currency is the Iceland krona. Many shops also list prices in euros and accept the currency as form of payment.

Norway's unit of currency is Norwegian krone.

In Germany, the unit of currency is the euro.

Russia's unit of currency is the ruble.

Most major credit cards are widely accepted (In Russia very few places accept American Express.) Automatic Teller Machines (ATMs) are very common and many U.S. issued bankcards are compatible with them.

Travellers should note that for no apparent reason Russian credit card readers sometimes decline a valid credit card. For this reason, travelers intending to pay for goods and services by credit card should carry a back-up credit card(s) in case their card is not accepted. While in Russia, it's recommended you use only ATM machines that are physically attached to an established banking institution and avoid "stand-alone" machines found on street corners and in metro stations.

We suggest travelling with some U.S. dollars to be exchanged for local currency and at least two major credit cards. If you have a “Chip and PIN” card, be careful to shield your number from view while entering it on a keypad; never disclose your PIN verbally. Unattended self-service payment kiosks such as those in parking garages, train stations or gas stations only accept a Chip and PIN card or cash. Notify your credit card company of your travel plans prior to your departure to avoid any fraud concerns.

Exchange currency only at authorized outlets such as exchange kiosks, banks and hotels and exchange only what you think you will need during your trip. Save all receipts from any currency transaction. You may be asked to produce them when you exit the country, and they are required if you intend to reconvert local currency.

We do not recommend traveller’s checks as they are not widely accepted.

HEALTH

It is important to familiarize yourself with any potential health issues or concerns related to your destination, and so we strongly recommend consulting the Centers for Disease Control and Prevention (CDC) for up-to-date information on required and recommended vaccines and medications. Visit them online at wwwnc.cdc.gov/travel or call 800 232 4636. Plan to visit your doctor or local travel clinic at least 4-6 weeks before departure to allow time for any vaccinations to take effect or to fill any prescriptions.

Required Vaccination: None

WEATHER

September in Northern European countries is usually balmy and pleasant, though be prepared for some damp weather. Autumn daytime temperatures average in the 50s and 60s and evenings may get cooler. Iceland’s weather is bit more unpredictable with frequent changes throughout the day.

Use a website such as weather.com to find average temperatures and rainfall during your travel times.

ELECTRICAL SERVICE

England, Iceland, Norway, Germany and Russia - 220 volts and 50 hertz

Be sure to pack a universal travel adapter. You can purchase one through A&K’s Travel Store at usa.thetraveloutfitter.com.

WHAT TO PACK

Daytime attire: Pack comfortable, casual clothing in natural, breathable fabrics that you can layer to adapt to the weather. There may be a few summerlike days but since fall weather can be unpredictable, it’s best to bring multi-purpose clothing as well as lightweight gloves and a warm scarf.

Evening attire: Smarter clothing is appropriate for evening dining in city restaurants. At the very least a stylish slacks or skirt outfit for women and a shirt with collar and slacks for men (better restaurants may require a jacket for men and the equivalent standard for women). Formal clothing is not necessary.

Cathedrals, churches, and other religious sites require conservative dress. Arms and shoulders should be covered.

Comfortable, walking shoes with low or no heels

Sweater or fleece and lightweight, windproof jacket

Lightweight raincoat and/or umbrella

Swimming suit

Sunglasses, sun block and a sunhat

Warm lightweight gloves and a scarf

Simple first-aid kit

Prescriptions and medications (We recommend you carry these in their original bottles and/or packaging.)

Charging cables for electronics

Voltage converter and adapter plugs

Note: Laundry service is available at your hotels. Most Russian hotels have self-service ironing rooms. Complimentary Traveller's Valet laundry service is for 8 articles of clothing per person will be provided at the midpoint of your journey. Dry cleaning is not included.

As a preventative measure, it is recommended that all luggage be secured with a TSA approved lock.

ABOUT YOUR AIRCRAFT

Wings Over the World itineraries all feature private charter flights between destinations, allowing you the convenience of visiting remote places with less time spent getting there. Enjoy nearly hassle-free flight departure and arrivals, flying from one destination to the next on board an exclusively chartered plane with a dedicated flight crew. Avoid waiting at airports due to restrictive commercial aviation schedules. Wings Over the Northern Europe maximum is 13 guests. In addition, our charter planes offer roomy seating configurations with personalized in-flight service.

Flight Day	From	To	Flight Duration
Day 4	London	Reykjavik	3 hr. 5 min.
Day 6	Reykjavik	Bergen	2 hr. 20 min.
Day 9	Bergen	Berlin	1 hr. 45 min.
Day 11	Berlin	St. Petersburg	2 hr. 10 min.

(Aircraft type, seating configuration and flight schedules are subject to change.)

Baggage Restrictions

Due to aircraft restrictions on luggage capacity, passengers may only carry one large suitcase per person weighing no more than 70 pounds, and one piece of carry-on luggage. During flights, carry-ons will be stowed with the checked luggage and will not be accessible.

What You Need to Know When You Arrive

TIME ZONES

The United Kingdom and Iceland operate on Greenwich Mean Time. Daylight Saving Time is observed the United Kingdom from spring through early fall. At 9:00 a.m. in the United Kingdom, it is:

EDST	4:00 a.m. the same day
CDST	3:00 a.m. the same day
MDST	2:00 a.m. the same day
PDST	1:00 a.m. the same day

Iceland does not observe Day Saving Time. At 9:00 a.m. in Iceland, it is:

EDST	5:00 a.m. the same day
CDST	4:00 a.m. the same day
MDST	3:00 a.m. the same day
PDST	2:00 a.m. the same day

Norway and Germany operate on Greenwich Mean Time (GMT) +1 hour.). Daylight Saving Time is observed from spring through early fall. At 9:00 a.m. in these countries it is:

EST	3:00 a.m. the same day
CST	2:00 a.m. the same day
MST	1:00 a.m. the same day
PST	12:00 a.m. the same day

There are 11 time zones within the vast geographic area of the Russian Federation. St Petersburg operates on Greenwich Mean Time (GMT) +3 hours. Russia does not observe Daylight Saving Time. At 9:00 a.m. in St. Petersburg, it is:

EDST	2:00 a.m. the same day
CDST	1:00 a.m. the same day
MDST	12:00 a.m. the same day
PDST	11:00 p.m. the previous day

LANGUAGE

The official language throughout the United Kingdom is English.

Iceland's official language is Icelandic, descended from Old Norse. Many Icelanders speak a second language, most commonly Danish or English.

Norwegian is the official language in Norway (there are two forms that are mutually understandable). A small number of indigenous people in northern Norway speak the Sami.

In Germany, High German ("Hochdeutsch") is the national language. However, the dialects of the various states such as Bavaria can be quite different.

The official language in Russia is Russian and it is written in the Cyrillic alphabet. There are also over 100 minority languages spoken across Russia.

Please consult with your guide on translations, if needed.

AIRPORT INFORMATION

At most international airports, passengers cannot be met inside secured areas. This includes Immigration, Customs halls and Baggage Claim. Your A&K representative will greet you as you exit these restricted areas; look for the person holding the distinctive yellow A&K signboard.

Before departing, remember to tag your checked luggage with the A&K luggage tags provided. These brightly colored markers help identify you and your luggage quickly.

PROTECTIONS AND PRECAUTIONS

Use the safes where available in your accommodations to secure your valuables, especially passports, medications, jewelry, money and electronics. If you must carry valuables, keep them on your person at all times. Be mindful of your surroundings and take extra caution in crowds.

Photocopy the personal information pages of your passport; leave one copy with a family member or friend and pack another separately from the passport itself. You may want to scan and email a copy to yourself for easy, online access. This will help speed up the replacement process.

ETIQUETTE AND PHOTOGRAPHY

Unless you are shooting a crowded public scene, it is considered courteous to ask permission before taking pictures of local people, especially small children. Please be respectful of local people who do not wish to be photographed.

Photography is not permitted at some locations, which may include government buildings, museums, art galleries, private houses, etc. These areas are usually clearly marked. If in doubt, please ask. Many churches and museums in Russia charge a fee (in Rubles) for photography or video-taping. Your local guide will advise when a fee is required.

Be sure to pack ample amounts of batteries and memory cards or film for your camera and video equipment, along with the appropriate charging cables. A dustproof case or sealable plastic bags and lens brush are also recommended.

FOOD AND DRINK

Tap water in these countries is considered safe to drink however, bottled water is recommended for consumption.

Regardless of precautions, changes in water and diet can result in mild abdominal upsets and nausea. To prevent serious illness, avoid suspect foods such as uncooked vegetables, peeled fruit, un-pasteurized milk and milk products. Beware of any food or drink sold by street vendors.

SHOPPING

Many A&K guests enjoy the chance to purchase items that reflect their destination, and so as a courtesy, your guide may recommend a particular shop or arrange a shopping visit. Please note, however, that these recommendations should not be taken as A&K's endorsement of the shop, merchandise and/or pricing. You assume all responsibility for any transactions that take place, including shipping arrangements that are made.

Prices are fixed, though some street-market stallholders may be open to a little bargaining.

The decision to shop while travelling is a personal choice and shopping is never compulsory. If at any point during your journey you feel pressured to shop or make purchases, please immediately discuss the matter with your Abercrombie & Kent representative.

To avoid disappointment, we suggest the following guidelines:

- Compute the exchange rate and thoroughly review credit card receipts before signing.
- Take your purchases home with you whenever possible. Airfreight can take many months and actual shipping charges can be excessive. Customs delays, fees and regulations can further complicate the issue. If you choose to ship purchases, we suggest taking a picture of the item(s) and/or marking them in some way to ensure you receive what was purchased. For example, you could write your name on the backside of a rug. Determine if your shipment will be delivered door-to-door or to the nearest customs facility, as is often the case. Most goods shipped from other countries to the United States are subject to Customs duty.
- Duty taxes, if applicable, are paid as you re-enter the United States. Regardless of assurances by merchants, these cannot be prepaid on your behalf. Currently, each person is entitled to an \$800 duty-free exemption, however, may only bring one liter of alcoholic beverages, 200 cigarettes and 100 cigars.
- Keep all sales receipts for items purchased throughout your trip and try to pack all items that you will need to declare together. This will ease the Customs process upon re-entry into the U.S.

Consult the U.S. Customs and Border Protection website for more details.

<http://www.cbp.gov/>

COMMUNICATIONS

Contact your cellular telephone provider to determine if your phone operates on the Global System for Mobile Communications (GSM) and what, if any, activation may be required.

If your phone is not GSM-enabled, you may find that renting a phone specifically designed for use overseas is the most practical option.

TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey:

	All Small Group Journeys and Pre/Post Tour Extensions	Tailor Made and Signature Journeys
Resident Tour Director or Group Extension Guide	\$20 per person, per day	Not applicable
Local Guides	Included	\$25 per person, per day (full day)
Drivers	Included	\$15 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	10-15% unless already added
Restaurants or Room Service on own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a small group journey, please follow the Tailor Made Journey guidelines for these days only.

OF SPECIAL NOTE

Russia has grown in popularity in recent years and you may notice large crowds queuing to enter the various sights. A&K will enable you to enter through fast track or early opening arrangements depending on availability at the different sights, thus avoiding you having to queue wherever possible. However, please be aware that you may find large numbers of visitors outside these buildings or indeed in the entrance halls – please follow and trust your guides who are experienced in these procedures and know the best route to take you. Please note that due to the complex opening schedules in Russia it may be necessary to rearrange or substitute the sightseeing program on this itinerary.

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