

# ESSENTIAL INFORMATION

## BAHRAIN

### PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

**A tourist visa is required for U.S. and Canadian passport holders for entry into Bahrain.** There are currently two options available as outlined below. A&K recommends a visa on arrival.

**Visa on Arrival:** A tourist visa can be obtained on arrival at the Bahrain International Airport (BAH) and King Fahad Causeway land border. The current fee for a single-entry visa is 25 Bahraini Dinar (approximately USD \$70.00) subject to change without notice. The fee must be paid in cash in either U.S. dollars or local currency. If payment is made in U.S. dollars, change will be given back in local currency.

**Electronic Visa (eVisa):** To apply for an eVisa, visit <http://www.evisa.gov.bh/>. The current fee for a single-entry visa is USD \$75 (subject to change without notice.) Read and follow all instructions carefully to ensure a smooth arrival in Bahrain.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](http://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

### VACCINATIONS

A yellow fever vaccination is only required to enter Bahrain if you are arriving from, or have transited through, a yellow fever-endemic area in South America or Africa. The CDC and WHO each provide a current list of all affected countries. If vaccination for yellow fever is necessary, you must carry an International Certificate of Vaccination provided by your physician; you may be denied entry without it. If your physician advises against receiving the vaccination because of your personal medical history, he or she can provide you with the necessary documentation for the country/countries you are visiting.

### CASH & CREDIT CARDS

Cash transactions should be made in local currency. Major credit cards are widely accepted for goods and services. Access to ATM machines is widespread in cities and towns, but may be limited in rural areas.

### OF SPECIAL NOTE: ALCOHOL IN BAHRAIN

Alcoholic beverages are widely available for non-Muslim adults in most high-end restaurants and hotel bars. However, the possession and/or consumption of alcohol in public outside of these establishments is prohibited and punishable by law.

# PACKING LIST

## BAHRAIN

Choose versatile, casual clothing that can be layered if the weather (or level of air-conditioning) requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Temples, mosques and other religious sites require conservative dress. Both sexes should cover their arms, legs and shoulders (women should pack a scarf for this purpose.) Wear or carry a pair of socks when sightseeing, since shoes must be removed when visiting certain religious sites.

### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Long comfortable skirts for women
- Scarf large enough to cover neck and shoulders for women
- Sweater or lightweight jacket
- Comfortable walking shoes with traction
- Brimmed hat for sun protection
- Foldable umbrella to use as sun shade
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up

### Other Recommended Items

- Sunglasses
- Sun block / Insect repellent
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

### Optional Items

- Small LED flashlight
- Foldable walking stick
- Small daypack or fanny pack

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

## TIPPING GUIDELINES BAHRAIN

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars.)

	<b>Tailor Made Journeys</b>
Local Guide (driving own vehicle)	\$40 per person, per day (full day)
Local Guide (with separate driver)	\$25 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added