

# ESSENTIAL INFORMATION TAJIKISTAN

## PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of two (2) blank visa pages for entry and exit stamps.

**A tourist visa is required for U.S. and Canadian passport holders for entry into Tajikistan and must be obtained prior to departure.** There are currently two options available as outlined below. A&K recommends an electronic visa.

**Electronic Visa (eVisa):** To apply for an eVisa visit <https://www.visa.gov.tj/index.html>. The current fee for a single-entry visa is USD \$50 (subject to change without notice.) Read and follow all instructions carefully to ensure a smooth arrival in Tajikistan.

**Visa Stamp:** A visa stamp in your passport can be obtained either by applying directly to a Tajikistan consulate or through a visa processing service. While there are additional costs involved in using a visa service, this option is available for guests who prefer assistance in the visa process.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

## VACCINATIONS

There are no required vaccinations to enter Tajikistan.

## CASH & CREDIT CARDS

Tajikistan has a primarily cash-based economy. Most transactions for goods and services are carried out in cash. U.S. dollars, in smaller denominations are the preferred currency. Major credit cards are not widely accepted. ATM access is extremely limited throughout the country.

## PLEASE PACK YOUR PATIENCE

Tajikistan is a developing nation that has experienced significant reforms in their economic and political institutions over the last several decades; however, the country is still in the process of developing its tourist infrastructure.

Abercrombie & Kent is known for its practice of using the very best hotels all over the world, but hotels of that premier caliber are rarely found outside the major tourist destinations. Luckily, people who enjoy travelling "off the beaten path" know that its pleasures far outweigh the small inconveniences of more rustic accommodations. Be assured that A&K believes that the hotels featured on your itinerary are the very best accommodations available - clean, comfortable and with a friendly welcome for their guests.

# PACKING LIST

## TAJIKISTAN

Choose versatile, casual clothing that can be layered if the weather requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Plan to dress modestly (in clothing that covers knees, shoulders and upper arms) when visiting religious sites.

### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Comfortable walking shoes
- Lightweight raincoat
- Sweater or lightweight jacket
- Brimmed hat for sun protection
- Sleepwear (both light and warm)
- Personal garments
- Socks
- Swimwear/cover-up

### Other Recommended Items

- Sunglasses
- Sun block
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

### Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small daypack or fanny pack

Laundry service is available at most hotels. Check costs and return times before using these services.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

## TIPPING GUIDELINES TAJIKISTAN

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars).

	<b>Tailor Made Journeys</b>
Local Guides	\$25 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added