

ESSENTIAL INFORMATION TAJIKISTAN

PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of two (2) blank visa pages for entry and exit stamps.

A tourist visa is required for U.S. and Canadian passport holders for entry into Tajikistan and must be obtained prior to departure. There are currently two options available as outlined below. A&K recommends an electronic visa.

Electronic Visa (eVisa): To apply for an eVisa visit <https://www.visa.gov.tj/index.html>. The current fee for a single-entry visa is USD \$50 (subject to change without notice.) Read and follow all instructions carefully to ensure a smooth arrival in Tajikistan.

Visa Stamp: A visa stamp in your passport can be obtained either by applying directly to a Tajikistan consulate or through a visa processing service. While there are additional costs involved in using a visa service, this option is available for guests who prefer assistance in the visa process.

If you are asked to provide contact information for your local tour operator, please use:

ABERCROMBIE & KENT RUSSIA

Stoleshnikov Pereulok 11
Office 311/313
Moscow, 107031
Russia
Telephone: +7 495 514 0089
Emergency Telephone: +7 926 370 4027

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at visacentral.com/abercrombiekent or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

REQUIREMENTS RELATED TO COVID-19

Visit the U.S. Department of State at travel.state.gov or the Government of Canada at travel.gc.ca/travelling/advisories for comprehensive and up-to-date country entry requirements as well as information for onward travel. A&K will facilitate in-country testing required for returning home or onward travel at the end of your A&K journey. Costs are paid locally and vary depending on the type and location of testing. All details specific to your journey will be included in with your **Final Documents**.

Requirements for Returning Home or Onward Travel

Guests returning to the United States

Before boarding a flight to the United States, all travellers are required to show printed or electronic proof of a negative COVID-19 viral test (PCR or rapid antigen) result taken no more than one (1) day before travel, or documentation of recovery from COVID-19 in the last 90 days.

For up-to-date details and FAQs visit [Requirement for Proof of Negative COVID-19 Test or Documentation of Recovery from COVID-19 | CDC](#). Be sure to check state COVID-19 entry requirements, as they may vary.

Guests returning to Canada

All travellers, including Canadian passport holders, must provide printed or electronic proof of a negative COVID-19 PCR test taken within 72 hours of boarding their flight to Canada. Additional information can be found at travel.gc.ca/travelling/advisories.

Note all guests with flights connecting through and/or continuing to other countries should check the specific COVID-19 entry requirements.

CASH & CREDIT CARDS

Tajikistan has a primarily cash-based economy. Most transactions for goods and services are carried out in cash. U.S. dollars, in smaller denominations are the preferred currency. Major credit cards are not widely accepted. ATM access is extremely limited throughout the country.

PLEASE PACK YOUR PATIENCE

Tajikistan is a developing nation that has experienced significant reforms in their economic and political institutions over the last several decades; however, the country is still in the process of developing its tourist infrastructure.

Abercrombie & Kent is known for its practice of using the very best hotels all over the world, but hotels of that premier caliber are rarely found outside the major tourist destinations. Luckily, people who enjoy travelling “off the beaten path” know that its pleasures far outweigh the small inconveniences of more rustic accommodations. Be assured that A&K believes that the hotels featured on your itinerary are the very best accommodations available - clean, comfortable and with a friendly welcome for their guests.

PACKING LIST

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to find and manage your luggage for you.

Safe Travel Essentials

Be sure to bring personal protective equipment (PPE), including face masks, travel-sized hand sanitizer with at least 60% alcohol, facial tissues and disinfecting wipes or spray.

Clothing

Choose versatile, casual clothing that can be layered if the weather requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Plan to dress modestly (in clothing that covers knees, shoulders and upper arms) when visiting religious sites.

- | | |
|---|---|
| <input type="checkbox"/> Casual slacks | <input type="checkbox"/> Walking shorts |
| <input type="checkbox"/> Polo shirts, casual short-sleeve shirts or blouses | <input type="checkbox"/> Long sleeve shirts or blouses |
| <input type="checkbox"/> Comfortable walking shoes | <input type="checkbox"/> Lightweight raincoat |
| <input type="checkbox"/> Sweater or lightweight jacket | <input type="checkbox"/> Brimmed hat for sun protection |
| <input type="checkbox"/> Sleepwear (both light and warm) | <input type="checkbox"/> Personal garments |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Swimwear/cover-up |

Other Recommended Items

- Sunglasses
- Simple first-aid kit
- Extra eyeglasses/contact lenses
- Charging cables for electronics
- Sun block
- Prescriptions and medications (in their original bottles and/or packaging)
- Smartphone
- Global travel adapter

Optional Items

- Small LED flashlight
- Lightweight binoculars
- Foldable walking stick
- Small daypack or fanny pack

Laundry service is available at most hotels. Check costs and return times before using these services.

TIPPING GUIDELINES

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars).

	Tailor Made Journeys
Local Guides	\$25 per person, per day (full day)
Drivers	\$15 per person, per day (full day)
Airport Transfer Drivers	\$5 per person, per transfer
Hotel Porters	\$2 per bag
Housekeepers	\$2 per person, per night
Included Meals	Included
Restaurants or Room Service on Own	10-15% unless already added