

# ESSENTIAL INFORMATION JAPAN

## PASSPORT AND VISA INFORMATION

Your passport needs to be valid for **at least six (6) months** after your journey ends, and should have a minimum of one (1) blank visa page for entry and exit stamps.

Holders of U.S. and Canadian passports are not required to obtain a tourist visa for entry into Japan for stays of up to 90 days.

Our partner VisaCentral offers easy, efficient U.S. passport and visa processing. Visit them online at [visacentral.com/abercrombiekent](https://visacentral.com/abercrombiekent) or call 844 823 1224 and reference A&K's account number 73001. Service fees apply.

Citizens of other countries should contact the appropriate consular office for entry requirements pertaining to their journey.

## VACCINATIONS AND MEDICATIONS

There are no required vaccinations to enter Japan.

### Bringing Medications into Japan

Please note that Japan strictly regulates, and in some cases prohibits, the import of certain prescription and over-the-counter medications (even for personal use). We suggest that you consult the Japanese Embassy online at [www.us.emb-japan.go.jp/english/html/medication-info-japan.html](http://www.us.emb-japan.go.jp/english/html/medication-info-japan.html) for more information on bringing medications into Japan.

## CASH & CREDIT CARDS

Cash transactions should be made in Japanese yen. Major credit cards are widely accepted for goods and services. Access to ATM machines is widespread in cities and towns but may be limited in rural areas. Many ATM machines do not accept credit or debit cards issued outside of Japan. Exceptions include ATMs found in 7-11 stores, post offices, international airports, some major department stores and Family Mart convenience stores.

# PACKING LIST

## JAPAN

Choose versatile, casual clothing that can be layered if the weather requires. Smart casual attire is appropriate for evenings. Formal clothing is not necessary.

Temples and other religious sites require modest dress to enter. Guests are advised to pack clothing that covers knees, shoulders, and upper arms for select visits. You may be required to remove shoes when entering sacred sites.

### Clothing

- Casual slacks
- Walking shorts
- Polo shirts, casual short-sleeve shirts or blouses
- Long sleeve shirts or blouses
- Sweater or lightweight jacket
- Long comfortable skirts for women
- Comfortable walking shoes with traction
- Lightweight raincoat or poncho
- Brimmed hat for sun protection
- Sleepwear
- Personal garments
- Socks
- Swimwear/cover-up (some hotels enforce a minimum age restriction and/or daily fee to use the swimming pool, payable on-site)
- Foldable umbrella for rain protection and sun shade

### Other Recommended Items

- Sunglasses
- Sun block / Insect repellent
- Simple first-aid kit
- Prescriptions and medications (in their original bottles and/or packaging)
- Extra eyeglasses/contact lenses
- Smartphone
- Charging cables for electronics
- Global travel adapter

### Optional Items

- Small LED flashlight
- Foldable walking stick
- Lightweight binoculars
- Small daypack or fanny pack

Laundry service is available at most hotels and dry cleaning is available in larger cities. Check costs and return times before using these services.

Please use the provided A&K luggage tags, even if your bags already have ID tags. This makes it easier for A&K staff to collect and manage your luggage for you.

# TIPPING GUIDELINES

## JAPAN

While decisions regarding tipping rest entirely with you, we suggest the following gratuities (noted in U.S. dollars) depending on the type of journey.

	<b>All Small Group Journeys and Pre/Post Tour Group Extensions</b>	<b>Tailor Made and Signature Journeys</b>
Resident Tour Director or Group Extension Guide	\$15 per person, per day	Not applicable
Local Guides	Included	\$20 per person, per day (full day)
Drivers	Included	\$10 per person, per day (full day)
Airport Transfer Drivers	Included	\$5 per person, per transfer
Hotel Porters	Included	\$2 per bag
Housekeepers	Included	\$2 per person, per night
Included Meals	Included	Included
Restaurants or Room Service on Own	10-15% unless already added	10-15% unless already added

For extra nights or Tailor Made services added to a Small Group Journey, please follow the Tailor Made Journeys guidelines for these days only.