



The Snows of Kilimanjaro

9 days priced from \$5,695

Limited to 12 guests

Visiting Arusha and Mount Kilimanjaro

Tanzania Safari Post-Tour Extension

5 days priced from \$3,195

& A&K ADVANTAGES

- › Climb in confidence with A&K, the company with a successful Kilimanjaro summit rate of 97% – far above the industry average of 60-70%
- › Trust in A&K's deep experience, which spans more than 50 years in Tanzania and 30 years trekking Mount Kilimanjaro
- › A&K ensures the quality of every trek by directly employing all of our chefs, porters and guides, the last of which are certified Wilderness First Responders
- › Benefit from more time to acclimate – a key component to a successful summit – with three more days on the itinerary than most other companies provide
- › Utilize top-of-the-line camping gear and safety equipment, owned and maintained by A&K
- › Stay in the largest and most comfortable sleeping tents on the mountain, while also enjoying private toilet facilities
- › Porters transport your luggage and equipment; you carry only a daypack

DAY 1: Arrive Arusha, Tanzania

Arrive in Arusha and transfer to your lodge.

Lake Duluti Serena Hotel

DAY 2: Arusha | Scenic Parkland

In preparation for the climb ahead, acclimatize as you walk through Arusha National Park. Situated between the peaks of Mount Kilimanjaro and Mount Meru, this scenic park houses a wide range of habitats, from its string of crater lakes populated by waterfowl, to its highland montane forest and imposing summit views. The forest harbors a wealth of wildlife, including frolicking black-and-white colobus monkeys and regal bushbucks, sometimes glimpsed in the glades between the ancient cedar trees. This evening, sit down to a welcome dinner with fellow guests. *Lake Duluti Serena Hotel | Meals: B L D*

DAY 3: Mount Kilimanjaro | 10,000 feet

Drive from Arusha to the Machame village on the slopes of Mount Kilimanjaro to begin your climb. Hike for about six



Your first view of soaring, snow-capped Mount Kilimanjaro

hours through dense rubber tree and giant fig forests to your camp, set up near huts once used for shelter on the mountain. As you make your way up through the forested terrain, keep an eye out for elephants. Settle in to your first camp, poised at an altitude of 10,000 feet. *Machame Camp | Meals: B L D*

DAY 4: Mount Kilimanjaro | 12,500 feet

Awake early to a piping-hot cup of coffee or tea. As you leave camp, absorb the commanding view of Uhuru Peak. Trek out of the forest up to the Hagenia zone, through a savanna of tall grasses and haunting volcanic lava landscapes. After a six-hour hike, arrive at the Shira Plateau and your camp. At 12,500 feet, it boasts sweeping views across the Masai Steppe to distant Mount Meru and the Shira Needles. *Shira Camp | Meals: B L D*



A&K'S DEDICATED KILIMANJARO OPERATION FEATURES THE BEST-TRAINED GUIDES, ALONG WITH EXTRA TIME FOR ACCLIMATIZATION FOR A SUCCESSFUL SUMMIT RATE OF 97%.

DAY 5: Mount Kilimanjaro | 13,000 feet

During a six-hour hike, skirt the Shira Plateau toward the Kibo Massif, continuing upward to the pass at Lava Tower (15,000 feet). Descend toward Barranco Camp through the immense,



Celebrating at the summit, Mount Kilimanjaro

waterfall-punctuated Grand Barranco canyon, which is fed by streams from the Umbwe River. Today's camp is situated at an elevation of 13,000 feet. *Barranco Camp | Meals: B L D*

DAY 6: Mount Kilimanjaro | *Acclimatization Day*

Hike for about four hours along the Barranco Cliff with no increase in elevation. This allows you time to rest and adjust to the increasingly higher altitudes. In the afternoon, you may hike in the Karanga Valley set beneath the icefalls of the Heim, Decken and Kersten glaciers. *Karanga Camp | Meals: B L D*



"A&K runs the best operation I have seen in my 43 years of experience on Kilimanjaro. The mountain is still a big challenge, but I felt our A&K team put us in the best position to summit – and we all did in style."

– Richard Wiese, Host, "Born to Explore with Richard Wiese"

DAY 7: Mount Kilimanjaro | *Preparing for the Summit*

Take another short, four- to five-hour trek and a day of acclimatization as you near the mountain's peak, stopping at

Barafu Camp (15,200 feet) on a moraine, with views of majestic Mawenzi Peak to the right and looming Kibo Peak overhead. The surrounding, scenic alpine desert terrain is largely mineral and features some lichens and moss. Turn in early this evening — tomorrow, you make an early start for the summit.

Barafu Camp | Meals: B L D

DAY 8: Mount Kilimanjaro | *Summit Day*

Rise very early to a hot cup of coffee or tea, then begin the final ascent to soaring Stella Point, at 18,630 feet on the rim of Kibo Crater. Make your way up a winding path flanked by the towering Ratzel and Rebmann glaciers. As the sun rises, continue around the rim to Uhuru Peak (19,341 feet), where the air is rarefied. Should all go as planned, you will stand at the highest point in Africa in about seven hours' time. Savor your achievement, and then descend to your last campsite (10,200 feet). Trek for about 13 hours today. *Mweka Camp | Meals: B L D*

DAY 9: Depart Arusha

Continue your descent to the base of the mountain, where your A&K driver greets and transports you back to Arusha. During a farewell lunch, enjoy basking in your accomplishments with fellow guests. Comfortable dayrooms are provided until your departure flight. *Lake Duluti Serena Hotel (dayroom) | Meals: B L*



Climbing Kilimanjaro with A&K

With a successful summit rate of 97% (compared to the average of 60-70%), A&K's Mount Kilimanjaro expeditions give you an outstanding chance of reaching "the roof of Africa." Our experienced climbing team oversees every factor that contributes to a successful climb.

Guides and Porters

Every A&K guide is a certified Wilderness First Responder, trained in mountain craft, natural history and ecological awareness. Our guides are also trained in first aid and fluent in English, and most have completed over 200 summits. A founding member of Kilimanjaro Porter Assistance Project and a proud Partner for Responsible Travel with the International Mountain Explorers Connection, A&K is an advocate for the welfare of our team of porters. Their hard work and dedication are what make every A&K trek possible.

Comforts on the Mountain

Summitting Mount Kilimanjaro comes easier to those who are well rested — and A&K campsites are famous for their comforts. Our customized sleeping tents are the largest and most luxurious on the mountain, designed for two people (though three can be accommodated) with raised cots and tall ceiling heights. Solar-lit dining tents with comfortable tables and chairs allow you to relax out of the elements and rejuvenate during the trek. Hygienic private toilets are also exclusively available to A&K trekkers.

Safety on the Mountain

A&K climbs use the finest climbing and camping apparatus, safety equipment and communications network. On every climb, we supply and carry all safety and emergency equipment, including: emergency oxygen, a portable altitude chamber, a defibrillator, pulse oximeters, a stretcher, an extensive first aid kit and three means of communication (cell phone, two-way radio and satellite phone).

Food and Nutrition

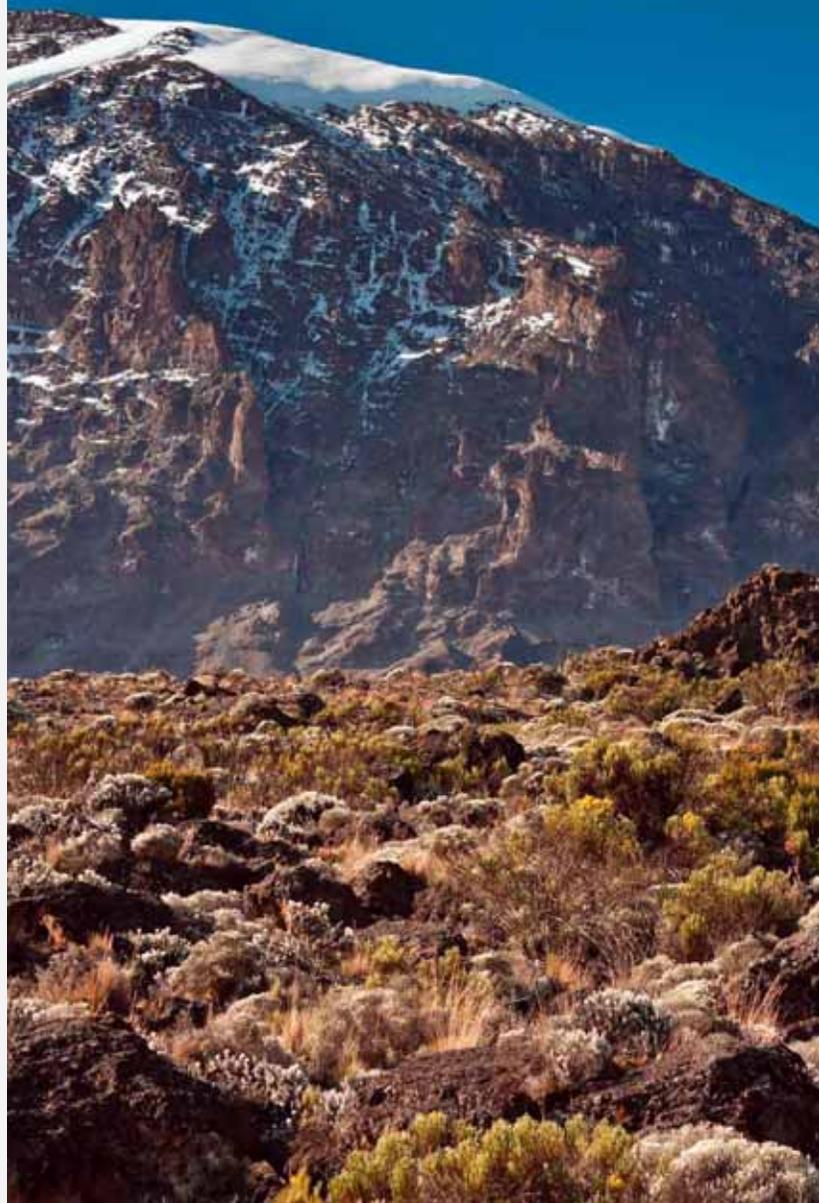
Another key element to conquering Kilimanjaro is to maintain proper nutrition throughout your entire trek. Every meal is designed to provide the nutrition you need to reach the summit. Unlike many other companies, A&K provides fresh food throughout the entire trek, including abundant snacks between meals, as well as unlimited, purified water. Special diets can also be accommodated.

Acclimatization

While most trekkers spend a total of five days on the mountain, we schedule seven days (six nights) to allow more time for premium altitude acclimatization, giving A&K a successful summit rate of 97%.

Sustainable Treks

A&K leaves no trace on the mountain and takes pride in operating green campsites. Every A&K camp is completely portable with no fixed ground structures or plumbing, and we remove all waste and trash from our treks.





Tanzania Safari Post-Tour Extension

5 days, priced from \$3,195; internal air priced from \$295



DAY 1: Drive to Ngorongoro Crater and your lodge perched on the rim of the caldera. *Ngorongoro Serena Safari Lodge* | Meals: D

DAY 2: Descend into the crater where you discover a sanctuary for lions, hyenas, elephants, wildebeests and endangered black rhinos. Later, visit a Maasai village and meet with a village elder. *Ngorongoro Serena Safari Lodge* | Meals: B L D

DAYS 3-4: Continue to Serengeti National Park, pausing en route for a tour of Olduvai Gorge. Take a game drive after settling into your *rondavel* (round hut). Spend the next day on game drives on the Serengeti, in search of cheetahs, crocodiles and leopards. *Serengeti Serena Safari Lodge* | Meals: B L D

DAY 5: Fly to Arusha, where you may relax in your dayroom before your flight home. *Lake Duluti Serena Hotel* | Meals: B

Available on all departures.



DATES & PRICING

All departures are guaranteed to operate.

Departure Dates	Double Occupancy	Single Supplement
Jan 28-Feb 5, Feb 26-Mar 6, May 26-3, Jun 25-Jul 3, Jul 24-Aug 1, Aug 21-29, Sep 21-29, Oct 21-29, Nov 19-27	\$5,695	\$950

Minimum age 16 years old.

CONTACT A&K TO ENHANCE YOUR JOURNEY

- Book your international air at preferred rates through our carrier partners
- Make your journey more relaxing with pre- and post-tour hotel nights
- Safeguard your journey with the A&K Guest Protection Program



AFRICA